

TANGERINE BAY CLUB ASSOCIATION

RULE XXV REVISION: CABANA AND FITNESS ROOM - EFFECTIVE MARCH 6, 2023

XXV. CABANA AND FITNESS ROOM:

- A. The Cabana Building is to be kept locked. Unit entry key opens the Cabana.
- B. No bare feet in the Cabana or Fitness Center. Wet tile is slippery.
- C. Fitness Room use is for Owners, renters, and resident guests by reservation only. One-hour reservations must be made using the Association's amenity scheduler online application.
- D. Fitness Room use by resident guests is limited to reservations made for sessions beginning at 3:00PM through sessions beginning at 6:00AM. Owners are responsible for instructing their resident guests regarding proper use of the Fitness Room, including cleaning equipment after use.
- E. Fitness Room is limited to use by two owners at one time, by mutual consent. Personal Trainers and Physical Therapists are permitted to work with Owners who have a reserved session.
- F. The Association will not be responsible for any injury while using the equipment in the Fitness Center. It is firmly recommended that each Owner and/or guest seek medical advice regarding ability and stamina as it relates to the use of the equipment provided. Use at your own risk.
- G. Children under 16 must always have adult supervision. No children under 13 are allowed to use the Fitness Center.
- H. Appropriate dress is always required in the Fitness Center. No swimwear, cutoff jeans or street wear. Rubber soled athletic shoes with a closed toe are required. Belts, buckles, buttons, or zippers may damage the equipment.
- I. Bring and use a towel to prevent perspiration stains on the equipment and floor.
- J. Equipment is to be utilized properly for the exercise for which it is designed.
- K. Disposable wipes are provided to clean equipment after each use.
- L. Free weights are not to be removed from the Fitness Center area, may not be dropped on the floor, and must be returned to their proper place on the rack when finished. Weights and cable equipment should not be slammed together upon release.
- M. No food, alcohol, or glass containers are permitted in the Fitness Center. Only beverages in **unbreakable containers** are allowed.
- N. Smoking of tobacco products is prohibited in the cabana.

Posted: February 3, 2023